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> SFISM Swiss Federal Institute of Sport Magglingen

Theoretical framing and methodical implications for an impact evaluation plan of Switzerland's national sports promotion program "Youth+Sport"

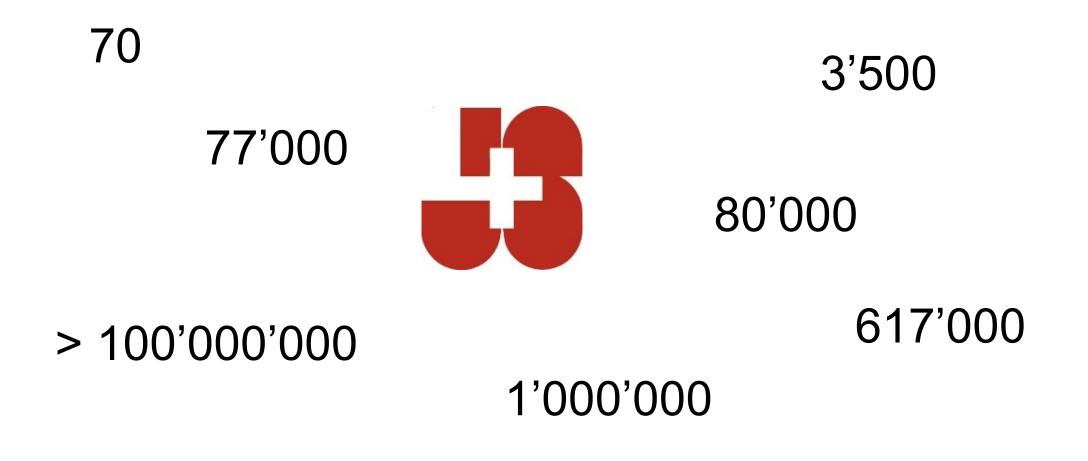
Dr. Fabian Studer & Alain Dössegger

Evaluation Unit, Swiss Federal Institute of Sport Magglingen SFISM











promote a regular commitment to sport

increase the engagement of children and adolescents in sport

experience sport integrally

promoting embedding in a sports community

supports development of young people

discover skills and unfold them in their entirety

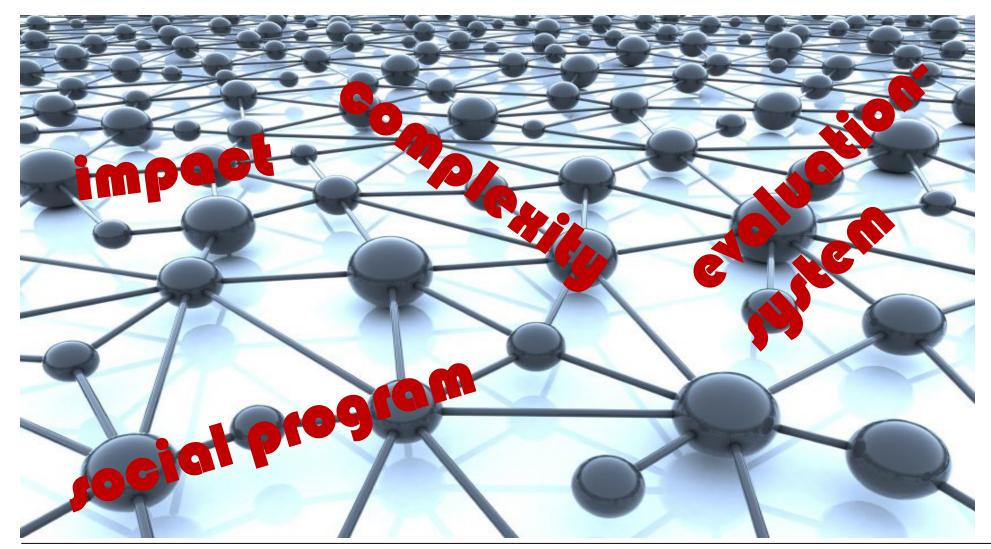
teach the basics of sport

4









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« Everything is related to everything. »

Alexander von Humboldt

#### Attribution Contribution to the impact.

#### Proof for Plausibility of an impact.

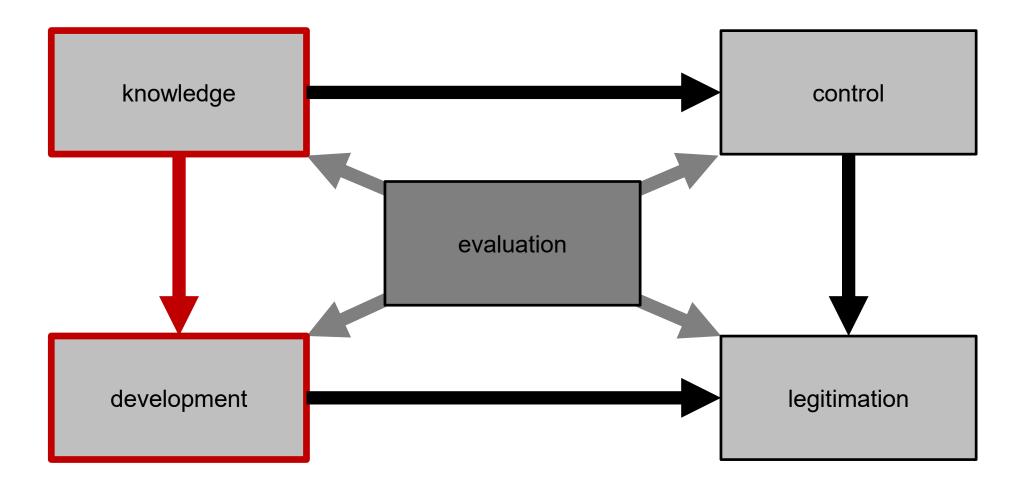
- 1) Clarify the scope, articulate the evaluation questions.
- 2) Developing a theory of change (impact model).
- 3) Detailed elaboration of topic-specific modules of the impact model (submodels, contribution stories).
- Look at relevant existing data and information related to the theory of change.
- 5) Critical reflecting the sub-models/contribution stories in light of the existing evidence.
- 6) Collect new program-specific data.
- 7) Revision and consolidation of the sub-models/contribution stories.

iterative

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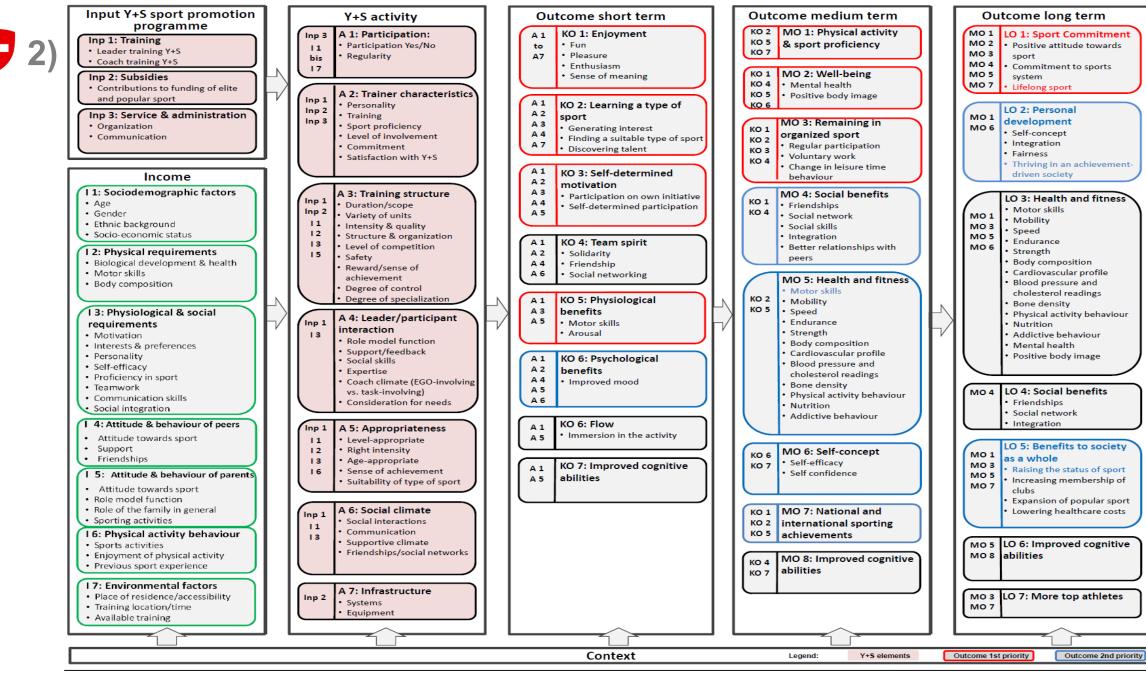




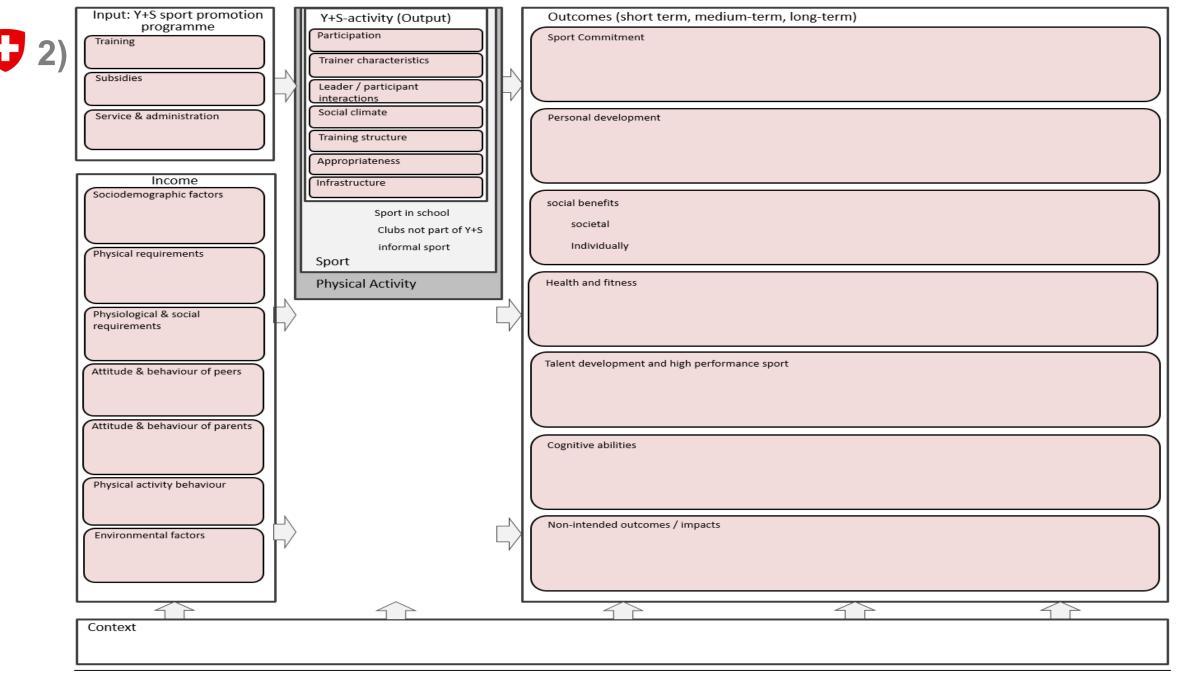
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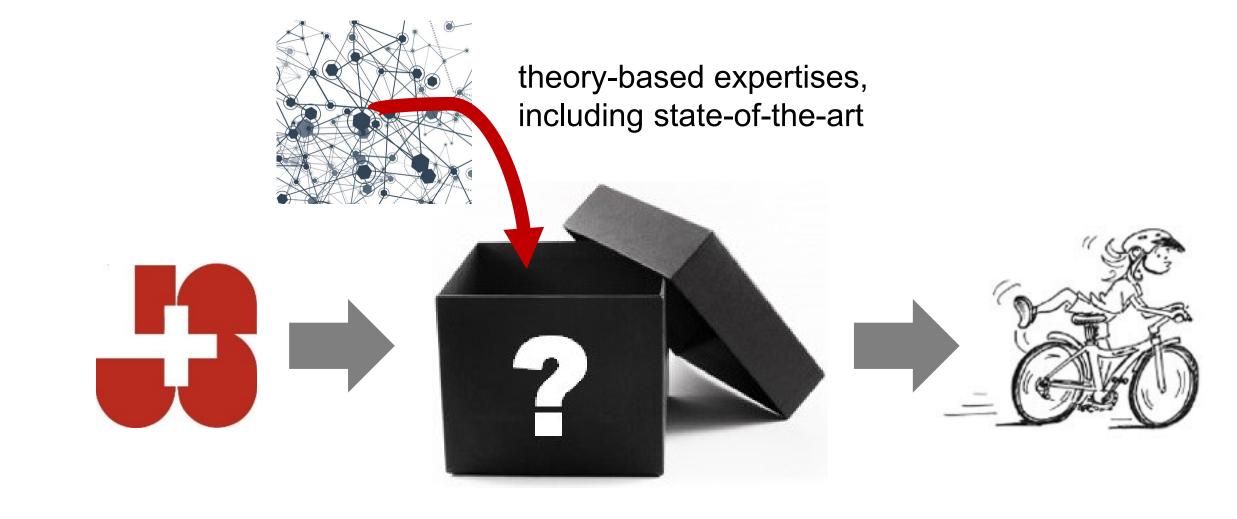


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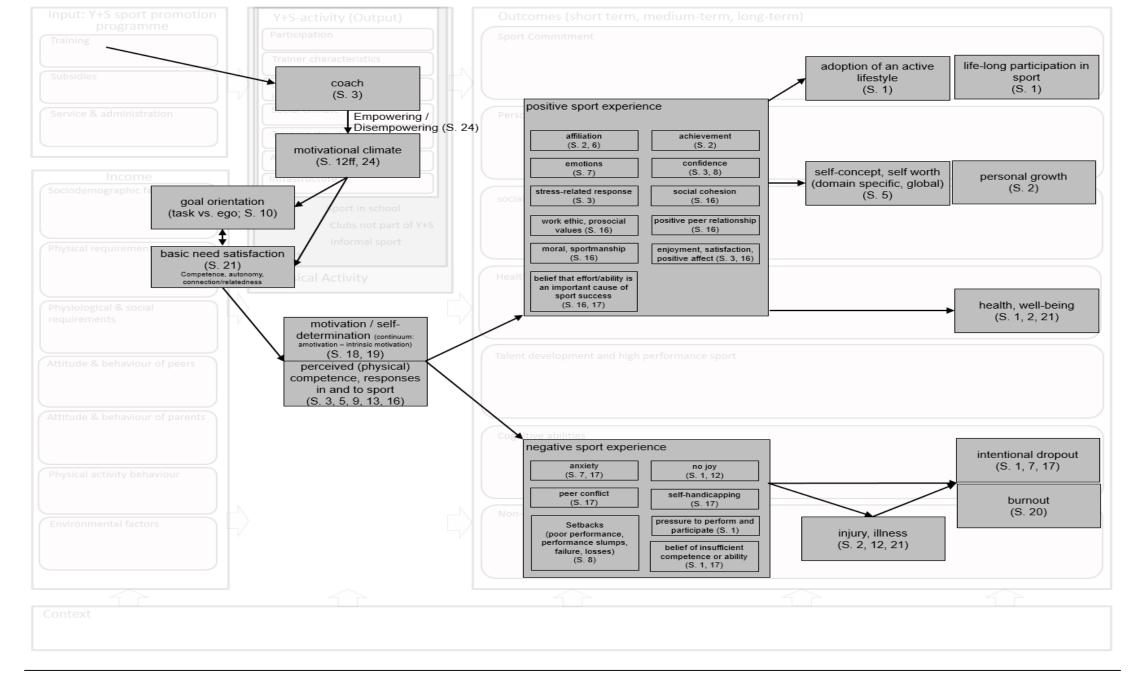


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- Combined cohort and longitudinal design
- Integrating children from the age of 5 years
- Different modules
  - Interrogation of children/coaches
  - Measuring physical activity
  - Measuring motor skills and fitness
  - Visitation/observation of education, training and activities
- Current challenges:
  - Legal framing
  - Control group





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Information about «Youth+Sport»:



<u>www.jugendundsport.ch</u> <u>www.jeunesseetsport.ch</u>

Publication of the expertises and the evaluation frame;

soon on www.ehsm.admin.ch/en/areas-of-activity/evaluation.html

Bundesamt für Sport (2019). *Die Wirkevaluation von Jugend+Sport. Theoretische Rahmung und methodische Implikationen zur Wirkweise des Sportförderungsprogramms des Bundes.* Magglingen: Bundesamt für Sport BASPO.

Die Wirkevaluation von Jugend+Sport Theoretische Rahmung und methodische Implikationen